



Le French Club
ISLAMABAD

Hygiene & Medical Policy

Hygiene and medical policy

A Commitment to Excellence

At *Le French Club*, the well-being of our members is paramount. Our standards of hygiene and health reflect a philosophy of **refinement, safety, and discreet care**, ensuring an environment that is both elegant and impeccably maintained.

Hygiene Standards

All members, guests, and staff are expected to uphold the Club's elevated standards of cleanliness:

- Maintain **exceptional personal hygiene and grooming** in harmony with the Club's refined setting
- Adhere to appropriate attire across all facilities, including **fitness, wellness, and dining areas**
- Observe strict hygiene protocols within **spa, sauna, gym, and culinary spaces**
- The Club reserves the right to **refuse access** to individuals not meeting these standards

All facilities are **meticulously cleaned and sanitized** in accordance with premium hospitality standards.

Health Responsibility

Members share a collective responsibility for the well-being of the community:

- Individuals experiencing **fever, flue, contagious illness, or visible symptoms** are respectfully requested to refrain from visiting the Club
- Members are expected to act with **discretion and consideration** to avoid exposing others to health risks
- The Club may request **medical clearance** where necessary

Wellness & Spa Guidelines

To preserve the serenity and safety of our wellness spaces:

- A **pre-use shower** is required before accessing spa, sauna, or pool facilities
- Appropriate **spa attire and footwear** must be worn
- Members with **medical conditions** (including heart conditions, high blood pressure, or pregnancy) are advised to seek medical guidance prior to using heat facilities
- Access may be **restricted at the Club's discretion** for safety reasons

Medical Emergencies

While *Le French Club* is not a medical institution, provisions are in place for immediate care:

- **Basic first aid** is available on-site
- In the event of an emergency, the Club will arrange **prompt medical assistance**
- Any associated medical costs shall remain the **responsibility of the member or guest**

Culinary Hygiene & Safety

Our dining experience is guided by the highest standards of quality and safety:

- All food and beverages are prepared under **strict hygiene and safety protocols**
- Members are encouraged to inform staff of any **allergies or dietary sensitivities**
- Outside food and beverages are **not permitted**, unless expressly approved

Communicable Disease Protocol

In alignment with public health guidance:

- The Club may implement **temporary health and safety measures** as required
- Compliance with such measures is **mandatory for all members and guests**

Liability & Responsibility

Members acknowledge that:

- Use of Club facilities is at their **own discretion and responsibility**
- The Club shall not be held liable for **health-related incidents**, except in cases of proven negligence

A Culture of Care

At *Le French Club*, hygiene is not merely a requirement it is a reflection of **respect, elegance, and shared responsibility.**

Approved & Issued By
Le French Club Management

Date: _____

Sign/Stamp: _____